

FOLLOWING YOUR BLISS

Who was it that said, "Follow your dream - unless it's the one where you're at work in your underwear during a fire drill."?

Author Joseph Campbell's advice was to "follow your bliss." American painter Grandma Moses did that. She actually started painting at age 76, after arthritis forced her to give up embroidery. "If I hadn't started painting, I would have raised chickens," she once said.

And I heard of a bus driver in Chicago who followed his bliss with some surprising results. He sings while he drives. That's right... sings. And I don't mean he sings softly to himself, either. He sings so that the whole bus can hear. All day long he drives and sings.

He was once interviewed on Chicago television. He said that he is not actually a bus driver. "I'm a professional singer," he asserted. "I only drive the bus to get a captive audience every single day."

His "bliss" is not driving a bus, though that may be a source of enjoyment for some people. His bliss is singing. And the supervisors at the Chicago Transit Authority are perfectly happy about the whole arrangement. People actually let other buses pass by so they can ride with the "singing bus driver." They love it.

Here is a man who believes he knows why he was put here on earth. For him, it is to make people happy. And the more he sings, the more people he makes happy. He has found a way to align his purpose in living with his occupation. By following his bliss, he is actually living the kind of life he believes he was meant to live.

Are you following your bliss? When you do, you may discover that you are experiencing the kind of life you feel you were meant to live. And what's more, you will be happy.

-- Steve Goodier

ANNIVERSARY

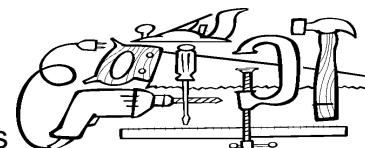
**ST. ANDREW'S
ANNIVERSARY
SERVICE
MAY 29, 2011**

Please be sure and come to share in our
upcoming Anniversary Sunday

ARBOR DAY COMING UP!!

The Board of Managers is hoping to enlist the help of anyone who is willing and able to come out on May 28th to get our church ship shape for the following day which is Anniversary Sunday.

There is a list at the back of the sanctuary showing the types of jobs that will need doing. If you have a preference or talent for one job and/or another please feel free to sign up before all the good jobs are taken.



THANK YOU

A big THANK YOU to all the gentlemen (young and older) who came out so early last Sunday in order to treat us to an AMAZING breakfast and what a treat it was. They really outdid themselves this year and it was very much appreciated.



Women's Fellowship

The ladies will meet on Tuesday May 17 at 7 pm. At the home of Anita Wong, 28 Smoketree Cresc, Stittsville – 836-9564. All ladies are welcome to attend this informal gathering.

You don't realize how complicated the simple life really is until you and your family spend the weekend in a tent.

CHECK OUT THE BULLETIN BOARD

Handbell Workshop, at Trinity Presbyterian Church, Kanata on **May 28, 2011 from 1-2:30 pm**

"Young at Heart", presented by the Atlantic Voices, The Newfoundland and Labrador Choir of Ottawa, **May 29, 2011 at 3 pm** at Centretown United Church.

Bells in Spring, Massed Handbell Chimes Concert on **May 15 at 7:00 pm** at Rideau Park United Church

Open Table Dinner, St. Thomas Anglican Church, **May 21 at 5:00 pm** and **June 18th at 5 pm**.

Morale is when your hands and feet keep on working when your head says it can't be done.

Don't forget to get your Loblaw's prepaid/gift cards during coffee time. The cards can be redeemed at
**Loblaw's, Your Independent,
Loblaw's Superstore and Value mart.**



Youth Summer Camp Registration
has begun!

Check www.gracefieldcamp.ca
or call 819-463-2465 for details

