

## JUST ASK FOR IT

A snooty millionaire took some of his upper class friends yachting. They passed a deserted island where a man with a long beard and tattered clothes stood, waving his arms and screaming in their direction. "Who is that?" asked the friend. "I don't know," said the host, "but every time we sail by he goes crazy."

That may be an exception to a universal rule, which is that most people are happy to help if they can. But there is another universal principle in play, which is, unless you are stranded on a deserted island, you are probably reluctant to ask for help - especially from a stranger. Thankfully, most of the time we are not coping with a mayday emergency.

I recently learned that the word "mayday" has nothing to do with the month of May. Instead, it comes from the French word "m'aidez," which means "help me." But it is used only as a last resort. The plane is nose-diving. The ship is fatally wounded. "Mayday! Mayday! Mayday!" a voice screams over the radio. If help doesn't arrive quickly, all will be lost.

We laugh at the notion that men are famously bad about asking for directions. But, in truth, most people do not easily ask for the help they need. They wait until they are hopelessly lost, or the marriage is on the brink of collapse or a simple job has become a nightmare before they seek help.

And it is also true that help is not usually too hard to get. But we have to ASK for it. Entrepreneur Brian Tracy puts it well: "Ask for what you want.

Ask for help, ask for input, ask for advice and ideas -- but never be afraid to ask." Or like one man is fond of saying, "You don't always get what you ask for, but you never get what you don't ask for (unless it's contagious)."

I once heard of a little girl who confidently approached a police officer. "Are you a cop?" she asked.

"Yes."

"My mommy said that if I ever needed help I could ask you."

"Of course you can," the officer replied. "What do you need?"

She stuck out her foot. "Can you please tie my shoe?"

Do you need help? It may be easier to get than you think. Just ask for it.

-- Steve Goodier

## **CARE CHALLENGE 2011 !!!!!**

**The donations from the Congregation to date  
has reached \$9528 of the potential \$20,000  
for the CARE Fund. (Doubled makes it 19056)**

**Way to go!!**

**Lets keep the momentum going!**

Don't forget to see **Brianna Allard** to get your Loblaw's prepaid/gift cards during coffee time. The cards can be redeemed at **Loblaw's, Your Independent, Loblaw's Superstore and Value mart.** The cards come in denominations of \$10.00; \$25.00; \$50.00 and \$100.00 and the youth group will gain 4% on the amounts sold. They are also available during the week in the office. Contact Geppy (831-1256) or just drop by any afternoon –

When something goes wrong, it is more important to decide who is going to fix it than who is to blame.

## **CHECK OUT THE BULLETIN BOARD**

**Spaghetti Dinner** followed by a Time, Talent & Treasure Auction, at Stittsville United Church, **April 8th at 5:30 pm.**

**Sing me a Story**, a Spring Concert Presented by the Goulbourn Male Chorus, **Sunday April 10th** at 3 pm.

**The Servant at the Supper** A one woman play at Holy Spirit Catholic Church, **Tuesday April 12 at 7 pm.** The play will be preceded by evening Lenten prayer to which all are invited.

**COMING NEXT  
WEEK!!!!**

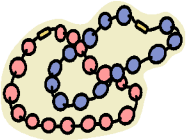
**Our Spring Bazaar and  
Bake Sale will be held on  
April 9th.**

Joining us again this year will be



**Pearls for Girls  
Caring Hands Jewelry**

And of course .....



**OUR BAKE TABLE  
and  
DELICIOUS HOT  
LUNCHEON**

**Let Sandra (831-0359) know how you  
would like to help if someone hasn't  
already called you.**

Please drop off baked goods etc. for bake table any-  
time on Friday morning between 8:30 am and 11:30  
am and 1:30 and 4:30 or on Saturday morning be-  
fore 9:45 am.

# The Didache

*A service of Holy Communion from the year A.D. 70*

Responsive Prayers:

We give you thanks...through Jesus your servant.  
**All: Glory be to you, our God, world without end.**  
We give you thanks...through Jesus your servant.  
**All: Glory be to you, our God, world without end.**  
Just as this bread...into your kingdom.  
**All: Yours is the glory and the power,  
through Jesus Christ, forever and ever.**

Sharing the Bread and the Cup:

The Lord Jesus, on the night he was betrayed...  
The Blood of Christ;  
The Cup of the New Covenant;  
The Cup of Salvation.

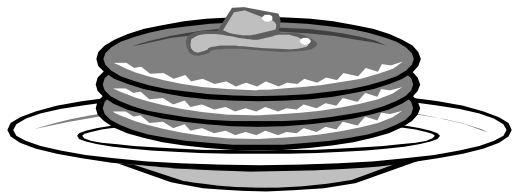
The Communion of God's people  
Prayers after Communion

We give you thanks... through Jesus your servant.  
**All: Glory be to you, our God, world without end.**  
You, Almighty master.. because you are mighty;  
**All: Glory be to you, our God, world without end.**  
Remember your Church... you have prepared for it;  
**All: Yours is the power and the Glory  
for ever and ever.**  
May Grace come and may this world pass away.  
**All: Hosanna to the God of David.**  
If anyone is holy, let them come; if anyone is not,  
let them repent.  
**All: Come quickly, Lord Jesus. Amen.**

## PANCAKES & MAPLE SYRUP??

MMMMM

The church Youth Group would like to invite the whole congregation to Fulton's Pancake House and Sugar Bush on Sunday, April 17th immediately following the church service. Reservations will have to be made so please sign up on the sheet at the back of the church. Deadline for signing up will be April 10th. For more information please call Kim (831-3483) or Marlene (836-4147)



## MJSSJON CAPSULES: April 2011

### Winnipeg Inner City Missions: Learning through play

Our gifts to *Presbyterians Sharing* support Winnipeg Inner City Missions as it cares for and advocates for the needs of individuals and families in inner city Winnipeg, the majority of whom are Aboriginal. Winnipeg Inner City Mission's Learning and Play Program supports preschoolers and their caregivers. It helps build self-esteem and teaches literacy and learning through play; provides a safe space away from the streets where gang members and other dangers lurk; nurtures joy and excitement, and provides socialization for children and their caregivers. It also provides an opportunity for caregivers to seek advice on social concerns and/or parenting issues. Let us pray for Winnipeg Inner City Missions as it works to shine the love of Christ in inner city Winnipeg.

### "Journey through Lent" Bible Study

Lent is a time of year when we often give up something, like chocolate or coffee; but Lent can also be a time of taking on something new. This year we are going to do something new, we are going to have a Lenten Bible Study every Wednesday afternoon from 1:00 – 2:00 p.m. at the church. All are welcome. Tea and Cookies will be provided, and we will look at the bible readings for the coming Sunday.

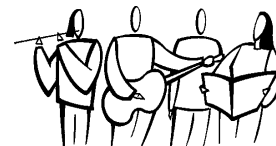


## COFFEE HOUSE

Mark your calendar for an evening of fun and entertainment on Saturday, April 30th at 7 p.m. With the initiative of our Youth Group, we will be holding a talent show including music, dance, comedy and much more. There will also be refreshments available – canteen style.

If you would like to take part in this show or know someone who would, please speak to Kim Allard (831-3483) or Marlene McCarville (836-4147).

Tickets and more information to follow.



Musicians wanted

*Life is a coin, you can spend it anyway you wish, but you can only spend it once.*

## Sing Me A Story

*folk songs, ballads, songs of the sea  
gospel, spirituals and more ...*

### A Spring Concert

*presented by the  
Goulbourn Male Chorus  
Music Director: Robert Dueck  
Accompanist: Barb Creech*

*with guest performers*

*West Ottawa Children's Chorus  
Music Director: Gloria Jean Nagy*

*Sunday - April 10th at 3:00 pm  
St. Andrews Presbyterian Church*

*Tickets at the Door: Adult \$12  
Free admission for ages 16 & under*

