

## A DREAM THAT WILL CATCH YOUR HEART

That all-too-quotable Yogi Berra once said, "If you don't know where you are going, you might wind up someplace else." (I think that happened to me once.)

But even if you know where you want to end up, do you REALLY WANT to be there? I'm not talking about traveling now, but where we're going with our lives. Is the dream you are following really that important to you?

Most people are not lazy. They simply have uninspiring goals. They don't accomplish what they set out to do because they lose interest. The dream they are following is simply not that important to them.

But then I think of Dennis Oehler. He ran the 100-meter dash in 11.73 seconds. Record-holder Maurice Greene ran it in 9.79 seconds, almost two seconds faster. So what's the big deal? Maurice Greene has two legs. Dennis Oehler has one. One leg -- and a huge dream.

The truth is -- we are always highly motivated when something means a great deal to us. If I fell into a deep lake and I didn't know how to swim, I would become highly motivated in an instant. Climbing from the lake would mean more to me than anything else in the world. My effort would be no less than astounding and I would suddenly become one of the most excited and enthusiastic persons imaginable.

And that goes for anything that is truly important to us. If we want something badly enough, we will find necessary energy, excitement and drive to grasp it.

Writer Tim Redmond says this about following worthwhile dreams: "There are many things that will catch my eye, but there are only a few that catch my heart...it is those I consider to pursue."

Is your dream big enough -- important enough -- to catch

## OTTAWA PASTORAL CARE TRAINING PROGRAM INFORMATION SESSION

St. Thomas Anglican Church  
April 20<sup>th</sup>, 7 – 9 pm

We have invited the coordinator of this Program, Verna Nuttall, to present an overview of the basics of pastoral care, the skills that can be developed during the course and the continuing education sessions that enable the members of the team to further their knowledge and support each other.

Since the program is inter-denominational we are extending the invitation to all the churches in our community as an opportunity to share experiences. This will be the time for you to find out what Pastoral Care and the training is all about.

Contact your church office for more details or  
RSVP to [tdrew@bell.net](mailto:tdrew@bell.net) or 613-836-9944

### *Just a Reminder:*

*Anyone bringing baking, preserves etc for the Bazaar next weekend please have it at the church between 9 and 12 on Friday morning or before 10 on Saturday morning.*



**Earth Week 2010 –  
April 17th through 25th**

**Earth Week** is a week-long (or longer) celebration of the Earth and the environment, in order to get environmental sustainability into the hearts and minds of the community.



COME AND VISIT  
**TEN  
THOUSAND  
VILLAGES**  
**IN STITTSVILLE**

Saturday April 17th 2010  
10 am - 2pm

For More Information Visit  
[www.standrews-stittsville.ca](http://www.standrews-stittsville.ca)

Fair Trade Handcrafted Items From Around The World

Also Featuring Pearls For Girls &  
Handmade Paper Jewellery From Caring Hands

Hot Luncheon Adults- \$8 Children- \$3  
Bake Sale

**St. Andrew's Presbyterian Church**

2 Mulkins Street 613-831-1256

## ATTENTION - ATTENTION

April 17 is going to be a really exciting day here at St. Andrew's. It's the day of our Annual Spring Bazaar, but with a twist. In place of our Craft and White Elephant Tables we will be having something brand new. Along with our Bake Sale and Luncheon there will be a selection of goods from Ten Thousand Villages Store, Pearls for Girls and Caring Hands (which Anita Wong has been supporting)

**Ten Thousand Villages** in Ottawa sells fairly traded products from around the world. Their two stores sell a wide variety of **hand-made crafts**, such as linens, jewelry, toys, ceramics, musical instruments, home decor and much more. And don't miss the **Fair Trade food** section which includes coffee, chocolate, cocoa, tea, sugar, spices, jams, olive oil and chutneys. Fair Trade items purchased at Ten Thousand Villages allow artisans in developing countries to provide food, healthcare, education and housing for their families. The two stores are operated by Ottawa Alternative Trade Corporation - a not-for-profit organization - and rely on volunteers for many of their retail positions. *Your purchase makes a difference*

The dream of "**Pearls for Girls**" is for all girls around the world to receive the leadership education they need to create healthy futures, for themselves and their communities. Currently, this dream is out of reach for many girls, especially those living in developing countries, such as Lesotho, Southern Africa, who are now orphans because of HIV/AIDS. Lesotho is a small country bordered on all sides by South Africa. To change this reality, teenage girls and young women in developed countries are invited to build their leadership skills through organizing "Pearl Bees" where they bring people together and create pearl bracelets to raise funds for the leadership development of girls in developing countries. At the same time, all who attend have the opportunity to tell share stories on issues that matter to them.

**Caring Hands** is an organization made up of volunteers who assist Kampala families living in poverty, giving them new hope for the future. Their goal is to break the cycle of poverty in families of the community. The greatest challenges for families living in poverty are food, housing, school fees, health issues, and access to clean water. To help with such needs, Caring Hands is involved in material, psycho-social, and spiritual support, and by networking and giving information on existing available services for HIV positive individuals. Making jewelry out of recycled paper has become the most important income-generating project for Caring Hands and the women involved. About 40 women have been trained in making beads out of recycled paper that are eventually transformed into jewelry and sent to markets around the world. This has given the women self-esteem, put a smile on their faces, and alleviated the struggles with poverty. The profits are used for